Cellular senescence implies loss of proliferative and tissue regenerative capability. Also hypoxia, producing Reactive Oxygen Species (ROS), can damage cellular components through the oxidation of DNA, proteins and lipids, thus influencing the shortening of telomeres.

Since ribonucleoprotein Telomerase (TERT), catalyzing the replication of the ends of eukaryotic chromosomes, promotes cardiac muscle cell proliferation, hypertrophy and survival, here we investigated its role in the events regulating apoptosis occurrence and life span in hearts deriving from young and old rats exposed to hypoxia.

TUNEL (terminal-deoxinucleotidyl -transferase- mediated dUTP nick end-labeling) analysis reveals an increased apoptotic cell number in both samples after hypoxia exposure, mainly in the young with respect to the old. TERT expression lowers either in the hypoxic young, either in the old in both experimental conditions, with respect to the normoxic young. These events are paralleled by p53 and HIF-1 α expression dramatic increase and by p53/ HIF-1 α co-immunoprecipitation in the hypoxic young, evidencing the young subject as the most stressed by such challenge. These effects could be explained by induction of damage to genomic DNA by ROS that accelerates cell senescence through p53 activation. Moreover, by preventing TERT enzyme down-regulation, cell cycle exit and apoptosis occurrence could be delayed and new possibilities for intervention against cell ageing and hypoxia could be opened.

Key words: p53, telomerase, hypoxia, ageing, rat heart.

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rence in response to diverse stimuli such as hypoxia, DNA damage, oxidative stress, by trans-activating the expression of multiple pro-apoptotic genes including Bax, Bid, Apaf-1, caspase 6 and Fas (Fridman and Lowe, 2003; Crow et al., 2004) and to play a pivotal role in controlling senescence occurrence, being cellular senescence considered a tumour suppressive mechanism (Sager, 1991; Amundson et al., 1998; Itahana et al., 2001; Torella et al., 2004), is an important sensor of functional telomeres (Smogorzewska and de Lange, 2002; Sharpless and De Pinho, 2004). In light of such evidences here we investigated TERT involvement in the events which regulate both apoptosis occurrence after hypoxia exposure and during ageing in rat myocardial tissue in parallel to p53 and HIF-1α response.

Materials and Methods

Animals

Two groups, each composed by 10 male Wistar rats, 3 (250-300 g) and 24 (400-450 g) months old, were used according to the guidelines of Principle of Laboratory Animal Care and of Helsinki Declaration as well as of Local Ethical Committee. Only animals free of acute and chronic illness were employed. Five animals from each group were kept under physiological conditions; five young and five old were exposed to intermittent hypoxic challenge (12 h 10% O2 followed by 12 h 21% O2; pO2 76 Torr of oxygen) for 8 days in a large plexiglass chamber (cm 80x40x65). Chamber air was re-circulated with a pump, CO2 was removed from the chamber air with baralyme and was continuously monitored with a capnograph. Boric acid was mixed with the litter to minimize emission of urinary ammonia. The temperature was maintained at 25°C. (Rapino et al., 2005). Rats were anaesthetized with Pentobarbital sodium salt (Nembutal, 40 mg/kg) (Sigma-Aldrich, St. Louis, Mo, USA) and left ventricles were excised from each rat and processed for experiments.

Morphological analysis

Small pieces of left ventricles, collected with care, were fixed in 2.5% glutaraldehyde in 0.1 mol/L cacodylate buffer pH 7.6 for 4 h at 4°C. Semithin sections (1 µm) were Toluidine blue stained (1% in H2O) and observed in light microscopy.

TUNEL staining

TUNEL is a method of choice for a rapid identification and quantification of apoptotic cells. DNA strand breaks, yielded during apoptosis, can be identified by labeling free 3'-OH termini with modified nucleotides in an enzymatic reaction. Paraffin embedded tissue sections (9 µm) dewaxed, rehydrated and preincubated with Proteinase K 20 µg/mL in 10 mmol/L Tris-HCl pH 7.6, were exposed to TUNEL mixture, according to illustration sheet (Boehringer Mannheim, Germany). After two rinses in PBS, slides were mounted by using a propidium iodide-glycerol solution (10 µg/mL) and analyzed under fluorescent microscope (Leica Cambridge Ltd, Cambridge, UK). Negative control was performed by omitting the incubation in the presence of the enzymatic mixture (not shown).

Immunohistochemistry

To detect TERT expression, paraffin-embedded tissue sections (9 µm) were blocked in PBS, 5% normal goat serum (NGS), 0.1% bovine serum albumine (BSA) and 0.1% Tween-20 for 30 min at room temperature, and incubated with rabbit TERT polyclonal antibody (1:100) (Santa Cruz Biotechnology inc., Santa Cruz, CA, USA). Sections were incubated in the presence of HRP conjugated biotinylated secondary antibody and Avidin Biotin. Peroxidase was developed by using diaminobenzidine chromogen (DAB) (Biomeda Corp., Ca, USA) and nuclei were hematoxilin counterstained. Negative controls were performed by omitting the primary antibody.

Western Blotting analysis

Total cell lysates (20 µg) or immunoprepeditated p53 samples were electrophoresed and transferred to nitrocellulose, as previously described (Cataldi et al., 2004). Nitrocelluloses, blocked in 5% non-fat milk, 10 mmol/L Tris pH 7.5, 100 mmol/l NaCl, 0.1% Tween-20, were probed with goat polyclonal Caspase-3, rabbit polyclonal p53 and mouse monoclonal HIF-1α antibodies (1:250) (Santa Cruz, Santa Cruz Biotechnology, CA, USA) and then incubated in the presence of specific enzyme conjugated IgG horseradish peroxidase. Immunoreactive bands were detected by ECL detection system (Amersham Intl., Buckinghamshire, UK) and analysed by densitometry.
Densitometric values, expressed as Integrated Optical Intensity (I.O.I.), were estimated in a CHEMIDOC XRS system by the QuantiOne 1-D analysis software (BIORAD, Richmond, CA, USA). Values obtained were normalized basing on densitometric values of internal α-actin. Data were analyzed using the two tailed, two sample Student t test. Results were expressed as mean ± SD. Values of p<0.05 were considered significant.

**Computerized morphometry measurements and image analysis**

After digitizing the images deriving from Toluidine blue stained sections, MetaMorph Software System (Universal Imaging Corporation, Molecular Device Corporation, PA, USA) (Crysel Instruments, Rome, Italy) overlay tools were used to measure interstitial area and myocardial fiber diameters or evaluation of telomerase expression.

Morphometric computerized analysis of interstitial area and myocardial diameters was performed after calibrating the program for the magnification used (100x).

Image analysis of protein expression was performed through the quantification of thresholded area for immunohistochemical brown colours per field of light microscope observation.

MetaMorph assessments were logged to Microsoft Excel and processed for Standard Deviation and Histograms.

**Results**

Toluidine blue semithin sections, observed in light microscopy and measured by MetaMorph Software System, reveal in the hypoxic young heart smaller myocardial cells and increased space between them occupied by more abundant vessels, with respect to the normoxic one. No difference is observed between normoxic and hypoxic old heart, which disclose similar features (abundant connective component and cell enlargement) (Figure 1). At the basis of such morphological

![Figure 1. Toluidine blue stained semithin sections of rat heart in different experimental conditions. Note in the hypoxic young smaller myocardial cells and increased space (thin arrow) between them occupied by abundant vessels (thick arrows) (A-B). Similar features are disclosed by the old in the two experimental conditions (cell enlargement and abundant connective compartment) (C-D). Arrowheads indicate myocardial cell nuclei. Asterisk indicates intercalated disk. Insets represent myocardial cells positivity to HIF-1α, hypoxic condition marker. (A) normoxic young; (B) hypoxic young; (C) normoxic old; (D) hypoxic old.](image-url)
modifications, due to senescence and hypoxia, a DNA damage lies. In fact cellular senescence, as well as hypoxic challenge, might cause or contribute to loss of cell proliferative capacity along with apoptosis occurrence. In Figure 2 TUNEL analysis discloses an increased number of myocardial apoptotic cells after hypoxia exposure both in the young and, in the old, even though to a lesser extent. This evidence is supported by an increased level of cleaved caspase-3, which represents one of the molecular mechanisms at the basis of apoptosis occurrence (Figure 3). Being Telomerase expression and activity closely associated to the cell reproductive potential, in Figure 4 a reduced expression of such enzyme both in normoxic and hypoxic old myocardial tissue and in the hypoxic young, with respect to the normoxic young, is evidenced. Figure 5 A-B show p53 increased expression in the young after hypoxia exposure and slightly in both the old subjects, with respect to the normoxic young, in parallel to enhanced level of HIF-1α. Lastly, when immunoprecipitated p53 is probed against HIF-1α, a direct association between HIF-1α and p53 is found only in the hypoxic young (Figure 5 C). Interestingly, no modification is observed neither in p53 nor in HIF-1α level in the old in the two experimental conditions.

Discussion

Cellular senescence and hypoxia determine the occurrence of an oxidative stress which induces morphological and molecular modifications, lastly leading to exit from the cell cycle and cell death by
apoptosis (McEachern et al., 2000; Von Zglincki, 2002). The different response depends on the cell type, on the kind and on the level of the stress (Ben-Porath and Weinberg, 2005). Apoptosis during adult and aged life is needed to maintain homeostasis by counterbalancing mitosis and deleting vestigial cells which are potentially immunoreactive, malignant or virus infected. In addition, with age a progressive decline in cell function can be observed, related either to a

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Figure 4. (A) Immunohistochemical analysis of TERT expression of rat heart in different experimental conditions. The expression of TERT decreases during aging (c) and after hypoxia exposure either in the young either in the old (b, d). (B) Densitometric analysis of TERT positive area ± SD determined by direct visual counting of three fields for each of five slides per sample. a. normoxic young; b. hypoxic young; c. normoxic old; d. hypoxic old; e. negative control. (C) Western blotting analysis of TERT expression. The most representative out of three separate experiments is shown. Blot has been normalised against mouse α sarcomeric actin. ny: normoxic young; hy: hypoxic young; no: normoxic old; ho: hypoxic old *Hypoxic young TERT vs normoxic young TERT: p<0.05.
genetic program or to the accumulation of stochastic errors in somatic cells (Camougrand and Rigoulet, 2001). Also hypoxia induces oxidative stress which determines damage to various cell components and triggering of specific signalling pathways. In our experimental model TUNEL analysis reveals an increased number of apoptotic cells in both samples after hypoxia exposure, mainly in the young, with respect to the old. In any case progressive shortening of the telomeres is involved in such responses. Telomeres, in fact, can act as sensors of certain type of DNA damage triggering senescence or, when the damage exceeds a threshold, apoptosis. Dysfunctional telomeres thus determine cellular outcomes, cellular senescence, cell death or genomic instability. Genomic instability predisposes cells to neoplastic transformation, while cellular senescence can be considered tumour suppressive response which prevents the proliferation or survival of cells at risk for developing genomic instability (Campisi et al., 2001). The level of Telomerase expression lowers in the hypoxic young and in the old in both the experimental conditions, with respect to the normoxic young, while no difference is evidenced between the two old experimental conditions, suggesting that such apoptotic response could be ascribed to the progressive shortening of the telomeres, due to reduced telomerase level and activity (Wright and Shay, 2005). This event is paralleled by p53 and HIF-1 expression and by p53/HIF-1 co-immunoprecipitation in the young after hypoxia exposure, less in the old, in which these proteins are expressed at the same level in normoxic and hypoxic conditions. It should be considered that p53 plays a pivotal role in controlling the occurrence of senescence (Itahana et al., 2001), as well as the response to different stimuli, among which hypoxia is included (Koumenis et al., 2001; Pan et al., 2004), and that HIF-1α is the enzyme involved in transcriptional, posttranscriptional and posttranslational changes in synthesis of rescue proteins against hypoxia (Carmeliet et al., 1998; Schumacker, 2003, Semenza, 2001, 2004) and during ageing (Cataldi et al., 2004; Bianchi et al., 2006).

The co-immunoprecipitation determines HIF-1α stabilization, by avoiding rescue proteins production, and induces damage to genomic DNA by ROS production at mitochondrial level (Terman et al., 2004) that accelerates the senescence of cells.
doing so through p53 activation (An et al., 1998; Suzuki et al., 2001).

These results are in accordance with literature concerning human peripheral blood mononuclear cells which suggests that telomere length cannot be used unconditionally as a biomarker of ageing process, but telomere instability might be casual for the increased breakdown of telomere length and might be considered as an high biomarker at high age (Martin-Ruiz et al., 2005). On the other hand, indirect evidence of such effect is shown by telomere length maintenance sufficiency to provide replicative capability to human hemopoietic stem cells which determines their transplantation capacity (Allsopp et al., 2003).

Thus all in all our results support four main in vivo evidences:
- the number of muscle cells in the mammalian heart modifies throughout the life and is characterized by ongoing cell death and small capacity for cell regeneration until the senescence occurs;
- the excess in cell drop out leads to ventricular de-compensation;
- oxidative stress (i.e. hypoxia) induces different responses during life and the young subject seems to be the most stressed, as revealed by the large number of apoptotic events, with respect to the old, which is adapted to hypoxic environment or has impaired oxygen sensing mechanisms;
- this kind of response implies TERT expression reduction and, by preventing TERT down-regulation, cell cycle exit and apoptosis occurrence could be delayed and new possibilities for interventions against cellular ageing and cell oxidative stress (hypoxia) could be opened.

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